



PT FOUNDATION

Annual Report 2013

CONTENTS

Foreword from the Chairman	p2
Foreword from the CEO	p3
HIV and AIDS in Malaysia in 2013	p6
About PT Foundation	p8
PT Foundation programs	p10
Community Health Care Center	p11
ISEAN-Hivos	p13
Pusat Bantuan Khidmat Sosial (PBKS)	p15
Sex Workers	p16
Transgender	p17
Positive Living	p18
People using Drugs	p20
MSM Poz	p21
MSM Outreach	p22
Financial Overview	p23
Sponsors	p25
Organizational structure	p26

Abbreviations

ART	Anti-Retroviral Therapy
CBO	Community-Based Organization
CHCC	Community Health Care Centre
FTFC	Face to Face counseling
HIV	Human Immunodeficiency Virus
IHP	ISEAN Hivos programme
MSM	Men who have Sex with Men
NGO	Non-Governmental Organization
PLHIV	People Living with HIV
PTF	Pink Triangle Foundation
SSKs	Safer Sex Kits
STIs	Sexually Transmitted Infections
SW	Sex Worker
TG	Transgender
VCT	Voluntary Counseling and Testing

PT FOUNDATION

Annual Report 2013

Foreword from the Chairman

The year 2013 has been a very challenging and daunting year for PT Foundation. Every year PT Foundation serves thousands of Malaysians, mainly the most at-risk communities. However, we also provide our much needed services to the general population at large. We find that more and more members of the general public are communicating with us through our web-page, Facebook and emails with questions about HIV, AIDS and sexual health. This trend is also seen in relation to our anonymous voluntary testing, and the telephone and face-to-face counselling services that we provide, where we serve people from all walks of life, and from all ages and gender identity.

Why did I say it has been a challenging and daunting year for PT Foundation? The essence of PT Foundation is to move forward, to expand its work and to be able to provide continued services to the communities we serve, but we need funds to deliver on our ambitions. The more funds we receive, the more much needed programmes we can provide. Unfortunately, we witness dwindling funding support from the Government for the Foundation, in sharp contrast to the continued number of new HIV infections in the country. The pattern of HIV infection in Malaysia has also changed substantially. In 2000, 19% of new infections were from sexual transmission of which 6% was contributed through homosexual/bisexual transmission. Sharing contaminated needles among injecting drug users formed the main transmission route at 74%.

By 2013, 73% of new infections are from sexual transmission, of which 30% are through homosexual/bisexual transmission. Sharing contaminated needles among injecting drug users is now only 21% of all new infections (Ministry of Health 2013 AIDS Registry).



I am thus using this platform to make an appeal to all who believe in the work and services of PT Foundation to come forward or anonymously to assist us towards greater self-sustainability and financial sufficiency to see through our programmes. In a nut-shell, please help us to help others. We would very much appreciate your kindness.

Those familiar with PT Foundation know that we believe in providing our services without fear or favor. I thank you and look forward to everyone's participation and assistance in making PT Foundation an even better organisation serving the communities we know best.

A stylized handwritten signature in black ink, consisting of a large 'H' followed by a series of loops and a long horizontal stroke.

Hisham Hussein
Chairman, PT Foundation

PT FOUNDATION

Annual Report 2013

Foreword from the CEO

Surprisingly, this is the first time in our 25 year history that PT Foundation publishes its Annual Report. It is important to keep you informed about our HIV prevention, care and support services in Malaysia. We want to reflect on the challenges we face to reach the most at-risk communities in the country. We are proud to present you the Annual Report 2013!

After more than 25 years on the frontline fighting stigma and discrimination against people impacted by HIV and AIDS our work is not getting easier. Stigma about sexuality or gender identity, or because one is infected with HIV, is making it increasingly difficult for people in Malaysia to seek advice about safer sex or treatment. Living with HIV can be very challenging when you feel you cannot talk to your family or friends, or if services are not easily accessible. By reducing the barriers people face in getting help, we can make it easier for them to choose health-improving behavior and get the treatment they need.

PT Foundation is ready to assist the Government in reaching out to the most stigmatized communities with health information related to the prevention of HIV and sexually transmitted diseases, or work with the key affected populations who need referral, treatment, care or support.

Funding opportunities for Malaysia are increasingly limited. International donors prioritize lower income countries to receiving international aid assistance. Many local corporations in Malaysia prefer to engage their Corporate Social Responsibility projects to focus on children's education, poverty reduction programs or environmental issues. The Government of Malaysia has been cutting back its funding to PT Foundation.



It is against this background that we are extremely proud to have launched the Community Health Care Centre as a social enterprise in August 2013. The social enterprise model is one of the last remaining options to generate a sustainable stream of revenue to fund our work. PT Foundation was awarded the Arthur Guinness enterprise-for-good award by the British Council to assist in developing our core expertise in managing a social enterprise including marketing, promotion and business acumen.

In 2013 almost 1,500 people came to PT Foundation for Voluntary Counselling and Testing (VCT) services, with the majority of clients coming from the MSM community. We are proud that many young people find their way to our Centre - more than half of our clients are younger than 30 years. In total 11% of our clients tested positive for HIV and were referred to PT Foundation's Positive Living or MSM Poz programmes for support and follow-up.

PT FOUNDATION

Annual Report 2013

PT Foundation offers an extensive range of outreach programmes which have a dramatic impact on the day-to-day lives of most at-risk community members. Every month outreach workers make contact with over a hundred clients, distributing safer sex kits in saunas, parks, brothels and homes. These outreach workers offer advice, materials and peer education on matters such as sexual transmission and testing opportunities.

Our drop-in centres for sex workers, the transgender community and people living with HIV continue to offer a safe and comfortable place where these highly stigmatized communities can receive support, care and education. Many of our clients are street-based and sometimes all they need is a refuge for the day where a nutritional meal and a proper bed are provided.

After many years we said goodbye to the IKHLAS programme for the drug user community, as it was agreed that the programme would continue independently from PT Foundation.

Children living with or affected by HIV face multiple challenges. Many have one or both parents who are HIV positive or have died due to AIDS related complications. Some of these children are infected with HIV from birth. Deprived of parental and financial support and guidance, and faced with widespread stigma and discrimination from their families, kampungs, friends and school mates, their lives are deeply affected from a very young age. PT Foundation proudly assists these children to remain in good health and in school.

In 2013, we increased our online communication to reach out to young people in Malaysia and raise awareness about HIV, gender identity and sexual health by introducing the PT Foundation Facebook page www.facebook.com/ptfmalaysia and our page on YouTube www.youtube.com/ptfmalaysia. Partnerships with universities, research institutes and academics helped us to improve the quality of our programmes and ensured our interventions remain strictly evidence-based.

It is thanks to your ongoing and generous support for our work that PT Foundation is able to work for thousands of clients in Malaysia, regardless of who or what they are. We know that you are supporting PT Foundation because we reach out to some of the most stigmatized communities in the country. We are determined to stand by our values of non-discrimination, transparency and accountability, and we will proudly continue to offer our services in a non-judgemental and inclusive manner. Thank you very much for your support.



Dick van der Tak

Chief Executive Officer, PT Foundation



HIV AND AIDS IN MALAYSIA...



...IS IT OVER?

The past 10 years have seen a rapid decline in new HIV cases. At its peak in 2002 with almost 7,000 cases recorded in that year, the epidemic saw 3,393 people newly infected with HIV in 2013. In a decade, the number of new infections annually has been halved, a major achievement as a result of years of perseverance, commitment, bold decision making and sacrifice.

It is currently estimated that over 85,332 people are living with HIV in Malaysia today. 101,672 people have been infected with the virus since the epidemic began in 1986. More than 20,000 developed AIDS and 16,000 have died from AIDS related illnesses.

The description of HIV in Malaysia has since evolved from being an epidemic infecting mainly individuals injecting drugs and sharing needles to one which is acquired through sexual intercourse. In other words, while the country has been successful in combating the virus through bold and effective harm reduction programmes which distribute clean needles and provide methadone therapy, it has been less effective in addressing sexual transmission of the disease. As a result, there has been a dramatic rise of cases attributed to transmission through sex, contributing to 74% of new HIV cases compared with only 32% just five years ago.

This signals the next stage of the epidemic addressing issues which are the core of PT Foundation's mandate and affect many of the grassroots communities and beneficiaries which the organisation reaches out to, communities such as sex workers, transgender people, injecting drug users and men who have sex with men.

The HIV epidemic in Malaysia continues to grow in these specific populations and in others, too. In 2013, women accounted for about 21% of new infections, compared to 5% a decade ago. Among men who have sex with men (MSM), the number of people infected with HIV continues to increase each year: 30% of reported new cases are now among MSM. Cumulatively, 34% of the total number of HIV cases were among youths between the ages of 13 and 29 years. 50 children below the age of 13 were newly infected in 2013.

The HIV epidemic presents new challenges which require renewed commitment, courage, increased investment and vision. People and vulnerable communities are still getting infected with HIV every day. The epidemic is not yet over and there is more work to be done.

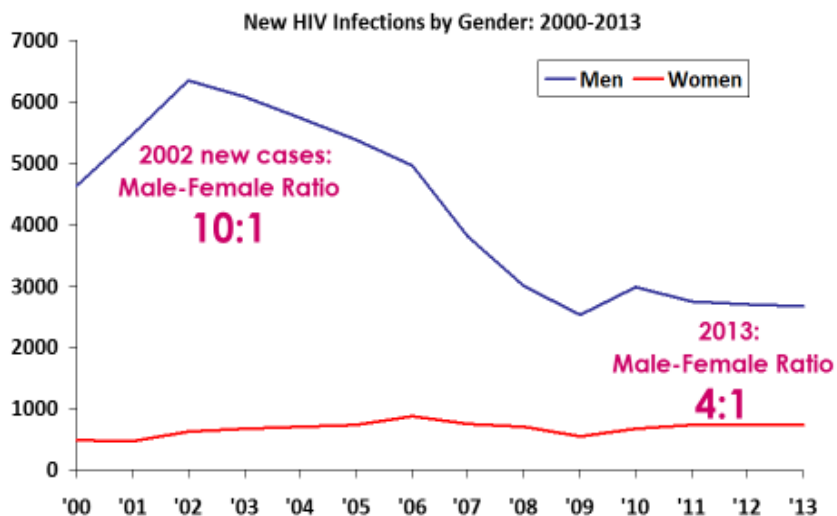
The epidemic in Malaysia in numbers

- Total number of HIV cases in Malaysia (as of Dec 2013): 101,672
- Number of people with AIDS: 20,235
- AIDS has caused the deaths of 16,340 people in Malaysia
- Number of people estimated to be living with HIV in Malaysia: 85,332
- Every day almost 10 Malaysians are newly diagnosed with HIV
- Annual number of new HIV cases in 2013: 3,393
- For every four men newly infected with HIV one woman is infected
- 74% of new infections in 2013 are through sexual transmission

3,393
NEW
HIV
INFECTIONS
IN 2013

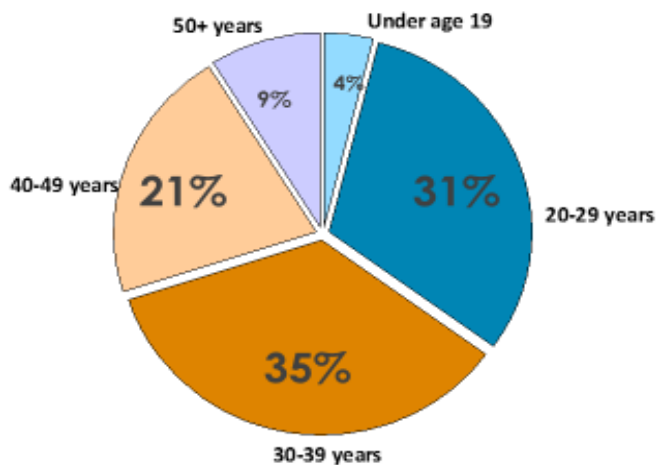
...IS IT OVER?

NEW HIV INFECTIONS AMONG MEN, WOMEN: 2000-2013



Source: HIV/STI Section, Division of Disease Control, Ministry of Health Malaysia

NEW HIV INFECTIONS IN 2013 BY AGE



Source: HIV/STI Section, Division of Disease Control, Ministry of Health Malaysia

ABOUT PT FOUNDATION



Vision:

PT Foundation is committed to creating a Malaysia that is free of HIV and AIDS.

Mission:

Our mission is to be the leading community-based organization in Malaysia working with key affected populations on HIV and AIDS, gender identity and sexual health, providing information, advocacy, HIV prevention, care and support services.

PT Foundation works with key affected populations: sex workers, transgender community, men-who-have-sex-with-men, people using drugs and people living with HIV. We include the families and partners of people living with HIV and children of the key affected populations in our services.

How we will achieve this:

- We will deliver high quality HIV and STI prevention, care and support services for key affected populations in Malaysia.
- We will provide up to date quality information about HIV and AIDS, gender identity and sexual health.
- We will provide meaningful support services to people living with and affected by HIV in Malaysia and empower them to work on stigma reduction.
- We will advocate for action by the public, media, health care providers and the Malaysian Government on HIV and AIDS to create a supportive environment that reduces the risk of HIV transmission and the stigma of key affected populations.
- We will develop our role in local, national and international HIV and AIDS work as an enabler of key affected communities in Malaysia.

ABOUT PT FOUNDATION

Values:

PT Foundation's values explain the approach that we will take in the way that we work. This is not an exhaustive list, but it reflects the values that we believe will be most important in working towards our vision and mission.

- 1 Non-judgemental and non-discriminatory**
We recognize that the communities we work with are confronted with prejudice about HIV/AIDS, gender, behaviour or sexual identity. We are committed to serve them without prejudice and based on their need only.
- 2 Community Centred and Consultative**
We believe that meaningful community participation is an essential component of an effective strategy. We work with affected communities to build their capacity and consult with them to formulate the best possible response to fulfill our mission. We will empower individuals and communities affected by HIV to prevent, manage and respond to HIV, and empower them to work on stigma reduction.
- 3 Open and Transparent**
We work and act in an open and transparent culture to deliver effective HIV prevention, care and support programs, and we respect the wish of our donors and stakeholders to be transparent and accountable.
- 4 Innovative Planning and Programming**
We believe in courageously taking up issues which may seem controversial and sensitive through innovative approaches that address the root causes of HIV transmission and advance change.
- 5 Team Work & Solidarity**
Most, but not all, of our staff come from the most at-risk communities. We are united in serving our communities and press for results on their behalf.
- 6 Diversity and Inclusivity**
We recognize that the communities we serve are made up of many individuals of differing gender, sexuality, age, race, religion, social, economic, geographic and other backgrounds. We see diversity as our strength, to be embraced and celebrated. We welcome and seek involvement from a diverse range of perspectives, and will ensure that the public focus of our activities reflects the diverse nature of the communities we embrace.

Strategic Directions

The following five Strategic Directions describe the major areas of work that PT Foundation will be prioritizing from 2014-2015/2016:

1. Reduce the number of HIV and other sexually transmittable infections among the key affected populations.
2. Empower people living with HIV and other key affected populations in dealing with HIV and AIDS, gender identity and sexual health.
3. Build PT Foundation's role as the leader of independent reliable and impartial information on HIV and AIDS, gender identity and sexual health in Malaysia.
4. Enable the capacity of other organizations in Malaysia to respond to HIV transmission, gender identity and sexual health.
5. Ensure PT Foundation has the capacity and resources to deliver on its commitment to creating a Malaysia that is free of HIV and AIDS.

ABOUT PT FOUNDATION

PT FOUNDATION PROGRAMMES

Over the years PT Foundation has become the community response to the HIV epidemic in Kuala Lumpur and the Klang valley. We work with the communities most affected by HIV aiming to minimize the rate of HIV infection in Malaysia, to improve the health and well-being of people living with HIV and to reduce discrimination of people most affected by the epidemic. We support thousands of clients per year.

Please find an overview of our programmes in the following pages.

Community Health Care Center (CHCC)

The Community Health Care Centre (CHCC) is part of PT Foundation as a social enterprise. It aims to offer HIV and sexual health care and support services to the key affected and stigmatized populations who face barriers in accessing these services elsewhere. Currently, the main services provided are HIV screening and counselling. The CHCC aims to offer these services in an affordable, accessible and sustainable manner.

In 2013, the CHCC tested 1,469 clients for HIV through Voluntary Counselling and Testing (VCT) services. Out of these tests, 89% came out negative, whereas 11% were positive. More than 75% of our clients are aged between 20 and 35 and 93% of them are male; 63% of our clients who are getting tested for HIV identify themselves as men-who-have-sex-with-men (MSM).

In 2013, the CHCC conducted 292 face to face counselling (FTFC) sessions for 107 clients, out of which 72 were new clients. The majority of clients for FTFC are males (73%). As per ethnicity, Malay continues to represent the majority of our clients (52%), while Chinese come next with 29% and then Indians at 11%. The remaining 8% are either unknown or "others". Approximately 80% of our FTFC clients are HIV+, and it is difficult to give an average amount of sessions per client, as it ranges from one to ten or even more in some cases. Most of our clients for counselling were tested positive when undergoing an HIV screening at our CHCC, while others found out about PT Foundation via the internet

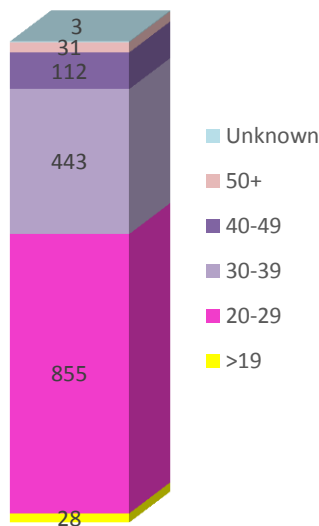


Our telephone counselling line (tel. 03.4044.5455) operates Monday thru Friday, from 7:30pm – 9:30pm and HIV screening is running Tuesdays, Fridays and Saturdays.
Please call 03.4044.4611 to make your appointment and get tested.

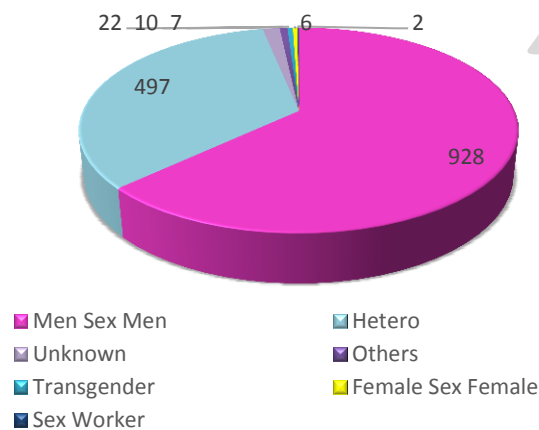
The CHCC organized two training sessions in 2013 (April and October). These intensive trainings are primarily aimed at preparing future counsellors, however several participants attended these sessions for personal reasons in order to be better informed about HIV and sexually transmitted infections (STIs). Last year, a total of 32 persons attended the CHCC trainings and 12 of them were successfully appointed as counsellors. All our counsellors work on a volunteer basis.

The CHCC team works closely together with the other programmes of PT Foundation to provide a continuum of care package. As an example, in 2013 15% of the MSM clients tested positive for HIV and they were automatically referred to the MSM Poz Programme for further support and follow up.

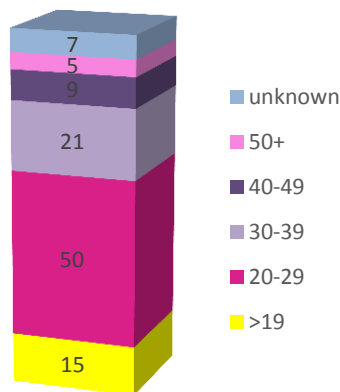
2013 VCT Age Group



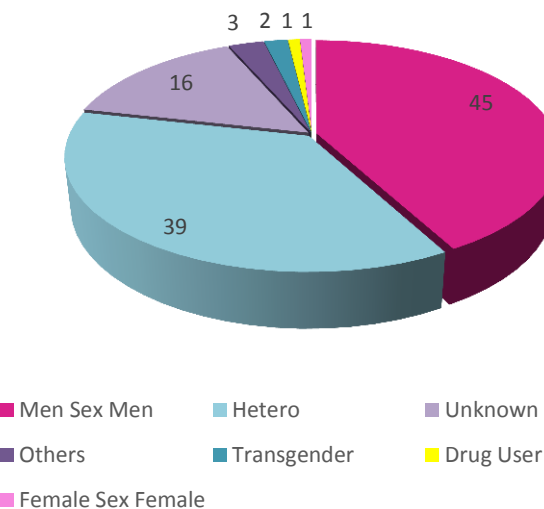
2013 VCT Community



2013 FTFC Age Group



2013 FTFC Community



ISEAN-Hivos Programme (IHP)

PT Foundation has not only been operating in the Klang valley, but in other parts of Malaysia as well. Through the ISEAN-Hivos Programme (IHP), PT Foundation has been building the capacities of community-based organizations (CBOs) and non-government organizations (NGOs) located mostly in West Malaysia to enable them to be more effective partners in health services delivery for the MSM and TG communities.

The IHP Programme is a multi-country community systems strengthening programme that is funded by the Global Fund for AIDS, Tuberculosis and Malaria (GFATM) with the international development organisation HIVOS as the principal recipient. In Malaysia, PT Foundation is selected by HIVOS to manage the programme.



IN 2013

THE FOLLOWING OUTCOMES WERE ACHIEVED:

1

Mobilize MSM and TG communities by forming and strengthening the Malaysian MSM and TG network (myISEAN)

Two major milestones took place in 2013 for myISEAN. First, the first ever General Assembly took place in this year with the participation of 22 persons from ten member CBOs. Secondly, myISEAN's constitution, by-laws and strategic plan were agreed in September 2013. In addition, quarterly meetings were held by the Board and four new member CBOs joined the myISEAN family in the year.

2

Build the capacities of the communities through training, coaching, mentoring, and financial assistance

Throughout the year, 100 participants were trained on various areas such as strategic planning, leadership and governance, peer outreach, most significant change, information and communications technology for research, monitoring and evaluation (M&E), and networking and advocacy. Out of these trainings, four CBOs were able to come up with their strategic plan, eight CBOs were able to prepare and upload their profile, and twelve most significant change stories were drafted. Finally, eight CBOs were given grants from RM6,000 to RM20,000 to implement their various projects.

ISEAN-Hivos Programme (IHP)

3

Develop behavior change communication materials and channels to scale up responses in HIV

In 2013, 20,000 safer sex kits (SSKs) were compiled for the MSM community and 5,000 SSKs for MSM who are HIV positive. In the same year, 1,200 posters with prevention messages were produced for hospitals and clinics. In addition, 1,000 DVD copies of “My Life, My Story”, a compilation of six moving stories of People Living with HIV (PLHIV) couples and individuals about their struggles and triumphs in coping up with HIV were produced. Lastly, IHP also produced one DVD, in partnership with Sunway University students, in order to create awareness about transgender women, particularly on the challenges how to live as a woman trapped in a man’s body.

4

Create an enabling environment by convening stakeholders for healthy discussions

The IHP Team after a team building session / IHP MSM and TG training of Trainers Workshop Five CBOs joined hands in demanding for improved documentation of cases of discrimination against PLHIV, especially in the workplace and in school settings. Moreover, in partnership with the Malaysian AIDS Council, IHP convened 55 stakeholders from the Government, academia and the community on how to move forward to reaching the triple zeroes (zero new HIV infections, zero discrimination, zero AIDS-related deaths) in Malaysia. Finally, IHP, in collaboration with the MSM Poz team, initiated the gathering of 25 stakeholders from the Ministry of Health Kuala Lumpur and Putrajaya and the MSM positive community on how to improve access and utilization of treatment and care services in clinics and hospitals in the city.



The IHP Team after a team building session / IHP MSM and TG training of Trainers Workshop

Pusat Bantuan Khidmat Sosial (PBKS)

REACHING OUT TO MARGINALISED COMMUNITIES:

Sex Workers, Transgender and Positive Living

PT Foundation's Sex Worker, Transgender and Positive Living programmes represent the frontline of our work - engaging directly with our clients to address the challenges they face in their daily lives.

The Pusat Bantuan Khidmat Sosial (PBKS) is a program that was conceived by the Ministry of Women, Family and Community Development to provide social welfare services to the marginalised communities in Chow Kit. Ever since its inception on 28 August 2007, PT Foundation has been awarded this project as an exemplary smart partnership between the Government and the non-governmental organisations.

The *Pusat Bantuan Khidmat Sosial* (PBKS) drop-in centre in the heart of Chow Kit is the basis for our work. It provides clients with washing facilities, basic food and an opportunity to socialise freely with other members of their community. It is also a place where discrimination, stigma and, for many, a feeling of isolation can be left behind at the door – all are welcomed unconditionally.

Each year we see very substantial numbers of clients from the sex worker and transgender groups, many of whom are new contacts. The issues they face are challenging, but we support them with a full spectrum of services tailored to their individual needs. PT Foundation's approach is direct, consultative and pragmatic. As a consequence we see positive outcomes for the majority of those who are supported by our services, by improving their lives in tangible ways through sensitive discussion about their personal circumstances.

PT Foundation is a 'one-stop shop' in the sense that, either by our own resources or through collaboration with others, the challenges facing our clients' lives are always addressed to our best ability. By continuing our supporting role even when we make an external referral we are able to monitor a client's ongoing journey and experience high levels of commitment from our clients.

"I am confident because of the friends I have at the drop-in centre"

POSITIVE LIVING
NEW CLIENTS IN 2013
DROP IN CENTRE: 233
OUTREACH: 764

TRANSGENDER
NEW CLIENTS IN 2013
DROP IN CENTRE: 105
OUTREACH: 328

SEX WORKERS
NEW CLIENTS IN 2013
DROP IN CENTRE: 417
OUTREACH: 512

Pusat Bantuan Khidmat Sosial (PBKS)

Sex Workers Programme

Clients from the sex worker community are offered activities aimed at creating a framework of key building blocks that can act as a foundation for changing their lives, whether by improving their health and well-being or sometimes by exiting the sex industry altogether. Sessions focus on personal safety, health issues including screening for HIV and other sexually transmitted infections, risk-awareness and assessment, parenting guidance and responsibilities for those with children, basic personal and social skills building and wider health issues such as screening for breast cancer.

For example, these positive influences were cited by Amy*, a 45 year old sex worker who came to Kuala Lumpur from Penang in 2001. She first came to our drop-in centre in 2006 and has remained a regular visitor ever since. She told us how her life has changed since PT Foundation started to assist her:

*"I am going to see Welfare today
– on my own. I can help myself now. I am much more
confident. I didn't used to be. I am confident because of
the friends I have [at the drop-in centre].
They all have good hearts."*

In 2013, we organized 126 programme activities, 12 peer worker training sessions and 653 individual counselling sessions. Drop-in centre visits reached 5,918, including 417 from new female visitors. Most visitors (68%) were of Malay ethnic origin. The remainder were Indian (22%), Chinese (7%) and other ethnicities (3%).

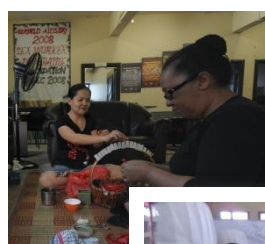
Our clients came to us with a myriad of background circumstances and personal issues, some of which we recognized were best addressed externally. We therefore made 653 referrals to other agencies and professionals to assist with identified needs. This included sourcing employment for those seeking work outside the sex industry. Clients requiring financial assistance were referred to welfare and clients wishing

to convert to Islam were introduced to a religious organization. Similarly, those in need of medical help, including drug dependency support, often needed assistance from a suitable clinic or hospital and were referred accordingly.

We engage with the sex worker community as proactively as we can, which includes outreach work on the streets of Kuala Lumpur. This recognizes that some sex workers are hesitant to take the first step in seeking advice or support, and others may not even be aware that such help is at hand. To these vulnerable people we disseminate safer sex information, provide condoms and lubricants, and encourage them to involve us in addressing the difficulties they face in their lives.

In 2013 our outreach workers assisted sex workers on 17,226 occasions (which included 512 new clients). There is therefore a growing need for the work that we do in this area.

**not her real name*



Social Activity:

Workshop on cake making / Workshop on learning through game

Pusat Bantuan Khidmat Sosial (PBKS)

Transgender Programme

PT Foundation's transgender ("Mak Nyah") programme is one of very few community-based programmes in Malaysia dedicated to this highly stigmatized group. In 2013, PT Foundation's drop in centre reached out to 105 new transgender people, while there were 4,502 visits in total. In terms of ethnic make-up, 45% of the visitors were Malay, 21% were Indian, 3% were Chinese and 31% were of other ethnic origins.

"Before I came [to the drop –in centre] I was quiet and scared. Now I am more independent."

Our drop in centre organises activities for transgender clients with a focus on their specific needs. In 2013 there were 232 group sessions and 12 internal training workshops looking at a whole range of topics from legal rights to information and guidance on health protection, empowerment, building social skills and drug addiction. Furthermore, there were 453 one-to-one peer counselling sessions.

PT Foundation also works in partnership with the Legal Aid Clinic of the Bar Council of Malaysia to provide legal assistance to those who require it.

Ely*, a 41 year transgender sex worker of Malay ethnic origin who has been visiting our drop-in centre since 2008, described how PT Foundation has helped her:

"Before I came [to the drop in centre] I was quiet and scared. Now I am more independent. I have also learnt about safe sex. Before PT Foundation I had heard about HIV on the television, but I didn't know anything about it. I used to have a lot of unprotected sex. I now know about condoms and how to have safe sex. I also have more confidence about having safe sex."

Our outreach work for sex workers views transgender people as a group within a group. The purpose is to promote our services as being designed specifically around their needs rather than those of sex workers generally. We believe that setting these clients apart *within the context of the sex worker group* is a fair reflection of the issues that can be unique to their lifestyle. In 2013 the outreach workers approached 328 new clients which took the total number of interactions to 3,774.

As for external agency referrals, we passed 454 clients to other organisations and noted particularly high commitment from these clients.

**not her real name*



Transgender Community performance at PBKS

Pusat Bantuan Khidmat Sosial (PBKS)

Positive Living Programme

Adult programme:

People Living with HIV (PLHIV) in the country often live in fear and confusion due to a lack of access to information, as well as years of stigmatization and discrimination. Since 1992 our adult Positive Living program has been addressing these issues in the comfort and safety of our drop-in centre where PLHIV can come together with or without their family and friends. They socialize and share experiences and solutions to become empowered to lead fuller lives. The programme also helps with medication issues and can refer externally to the other programmes or organizations whenever necessary.

In 2013, our drop-in centre helped 233 new clients (80 male, 100 female and 53 transgender). There were 3,265 visits us in total (47% male, 39% female and 14% transgender). 75% of these clients were Malay with the remainder split equally between Chinese and Indian. The programme made 695 external referrals.

The programme held a wide range of counselling sessions (695 peer-to-peer and five in-group), as well as awareness activities dealing with HIV/AIDS, skills building and empowerment (108 peer-to-peer and 96 in-group). Furthermore, we have a buddy system that pairs up clients so that they can support each other. We offer practical and psychological support around medical follow-up, as well as help with access to medication because some clients, particularly those in rural areas, may have transportation difficulties. PT Foundation has outreach workers based within hospitals and clinics, and in 2013 we assisted 764 recently diagnosed HIV positive clients (389 male, 273 female and 102 transgender) at these locations.



Program Empowerment for Women & PLHIV Community Event in PBKS

Pusat Bantuan Khidmat Sosial (PBKS)

Positive Living Programme

Children programme:

This programme is generously funded by the Berjaya Cares Foundation. It provides services dedicated to children with HIV or who are otherwise affected by the epidemic, for instance, by having infected parents. 150 children between the ages of 7-18 years were selected to participate in a “Back to School” programme where the children were provided welfare assistance, health supplements, psycho-social support and tuition to mitigate some of the challenges they face in their daily lives. We regularly organize sessions dealing with stigma and discrimination, and also how to accept and support affected family members or other HIV positive people in society.

Topics covered are presented in a way that is suitable according to age, 13 years being the dividing line between the two groups that we run. Those aged 13 or above, for example, are taken through issues such as depression, because the discrimination and stigma they often come across can make them psychologically fragile and particularly vulnerable.



Community Event - Hari Raya Open House

People Using Drugs (IKHLAS)

Founded in 1992, the IKHLAS programme caters to the pressing needs of the street based drug user community. IKHLAS caters for their physical needs, while being committed to providing information, materials, care and support services relating to HIV/AIDS and drug use. Most importantly, it is at IKHLAS that many drug users feel loved and cared for, and feel empowered to make something of their lives, including reducing their exposure to HIV infection. Our main intervention channels are through our peer outreach program and the drop-in centre.

Peer Outreach has been proven to be an effective behavioural change intervention programme. It develops trust, addresses immediate needs, and link drug users to services at the drop in centre and other agencies. IKHLAS is one of the pioneers in piloting and implementing the National Syringe & Needles Exchange Programme (NSEP), a harm reduction programme where drug users are provided clean equipment and education in return for used needles and syringes so that they reduce the incidence of sharing contaminated needles and syringes. IKHLAS also actively encourages our clients who wish to stop using opiates to voluntarily enroll in the methadone therapy programmes operated through the National Drug Agency's Cure & Care Centres. IKHLAS has also successfully referred many people who use drugs to HIV Counseling and Testing.

The drop-in center is a safe space where people who use drugs come to rest and be in the company of other community members. Since many of our clients are street based, they are given nutritious meals, and can access shower and washing facilities, in addition to basic healthcare and hygiene services, and support group participation.

At its peak, the IKHLAS drop-in centre sees an average of 100 people per day, and had contact with over 20,000 people per year through our drop-in centre and outreach combined.

In 2013, the IKHLAS programme was successfully registered as Pertubuhan Kebajikan Komuniti Ikhlas (PKKI) and began operating independently from PT Foundation from July 2013 onwards. PT Foundation is proud to have pioneered and developed this programme to where it is today.



Ikhlas Drop In Centre

In 2013, the MSM Poz program has provided comprehensive psycho-social support services targeting HIV positive MSM. Currently we have more than 600 members in our client database.

The “Peer Outreach Hospital Programme” enabled us to support HIV positive MSM during their first registration process (220 clients) or bi-annual medical appointment (573 clients) in specialist hospitals. According to the Ministry of Health, in 2013 there were 754 new MSM diagnosed HIV positive in Malaysia. This means that our service has supported 30% of these new cases, even though our activities are concentrated in Kuala Lumpur and Klang Valley, where 25% of the total population of Malaysia lives.

“*PT Foundation is like a family and a support network platform that goes beyond the meetings themselves.*”

A total of five training workshops were conducted for a total of 93 participants (2 x “Newly Diagnosed PLHIV”, 2 x “Treatment Literacy”, 1 x “Double disclosure of being MSM and HIV+”). Each training lasted three days, with participants camping-in for a full immersion programme. In addition to that, an average of 30 clients attended our monthly support sessions for MSM living with HIV.

MSM POZ is more than just a programme, it is a platform for MSM living with HIV to meet with other persons facing the same challenges and stigma. As stated by Omar*, a 33 years old MSM living with HIV, who started as a participant in our MSM POZ programmes and is now actively involved as facilitator for PT Foundation:

“PT Foundation is like a family and a support network platform that goes beyond the meetings themselves. When I first found out I was HIV+ I completely isolated myself from my friends and family. The MSM POZ team accompanied and coached me to recreate these bonds and now I have gained even more friends through PT Foundation.”

The programme has been very active on the new media side as well. 389 users are following our “closed” MSM POZ Facebook page, where our clients can discuss sensitive topics in an access-restricted page. In addition to that, in 2013, 1,271 unique users have accessed the MSM POZ webpage www.msmpoz.com and blog www.msmpoz.com/blog where we provide up-to-date information on safer sex, HIV prevention and treatment.

**not his real name*



Participant working on the cycle on the virus in a Treatment Literacy” Seminar / Workshop for Newly Diagnosed PLHIV

Men-who-have-Sex-with-Men Outreach

The MSM Outreach programme is one of the earliest programme of PT Foundation. It is a much needed, but challenging programme as the population of MSM is a diverse, highly stigmatised and hidden network of communities. The programme recruits and trains members from the community, who volunteer to conduct outreach at venues where segments of the MSM community meet. The focus of the outreach programme is to promote HIV and STI awareness to gay men and other MSM, by encouraging them to assess their risk level in their sexual activities and to avail them of the availability of anonymous HIV testing, counselling and other services.

From March 2012 until February 2013, PT Foundation ran an MSM Outreach pilot. During this period, we managed to successfully reach out 1,101 unique MSM clients (12,298 contacts in total) with whom our so called outreach POWERS managed to engage in a safer sex conversation. The venues selected were all in the Klang Valley and included two cruising parks, five saunas, five clubs and two massage centres. During the same period, the programme also managed to start up a trial period of internet-based outreach. A small team of outreach volunteers engaged online with MSM clients on gay dating sites, where a total of 317 unique clients were reached.

Despite the positive outcome of the MSM Outreach pilot, PT Foundation struggled to source funding to continue the programme at full speed. The activities were therefore reduced from March until September 2013, when a total of 191 unique MSM clients in four saunas and two cruising parks were reached. In October PT Foundation managed to obtain a new grant enabling us to fully reactivate the programme until March 2014. It managed to recruit and train a new batch of outreach workers called POWERS (Peer Outreach Workers) and by December 2013, it had provided risk assessment, safe sex kits and referral to testing to 83 clients.

Thus despite a very challenging two years, the MSM Outreach programme managed to recruit a team of 20 young MSM to reach out to a total of 1,375 MSM clients with safer sex kits, risk assessment and referral to testing. The majority of clients have reported increased use of condoms, increased HIV testing and for those who tested HIV positive, almost all of them have been successfully linked to psycho-social support and treatment.



Our safer sex kits are composed of two condoms, one lubricant and a small leaflet on HIV testing services.



MSM Outreach POWER training Dec 2013

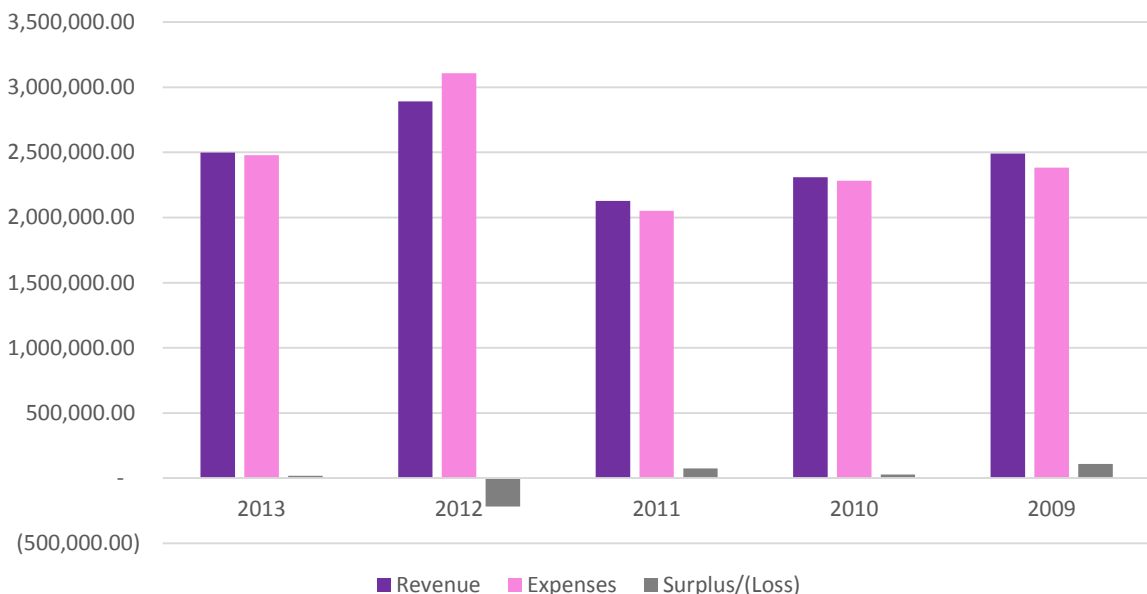
Financial Overview

PT Foundation was formally registered as Pink Triangle Sdn Bhd on December 12th, 1987 in Kuala Lumpur, Malaysia under the Register of Companies. In 2000, the organization was re-named PT Foundation (526540W) and registered under the Register of Companies. The newly named organization took over the assets of Pink Triangle Sdn Bhd and was formally recognized as a Foundation in Malaysia.

The financial statement for PT Foundation, ended 31 December 2013, was audited by James & Co., and approved by the Board of Trustees of PT Foundation. The full financial statements 2013 are available on www.ptfmalaysia.org under the "about us" section or can be requested from our Finance Department.

PT Foundation's total income for 2013 was RM 2,499,050, whereas the total expenses amounted to RM 2,479,812, which resulted in a surplus of RM 19,238. This is a very good result, considering that in 2012 the organization had to face a loss of RM 217,132. However, and as explained in the Foreword of the Chairman, it remains challenging to raise funds for HIV and AIDS work in Malaysia.

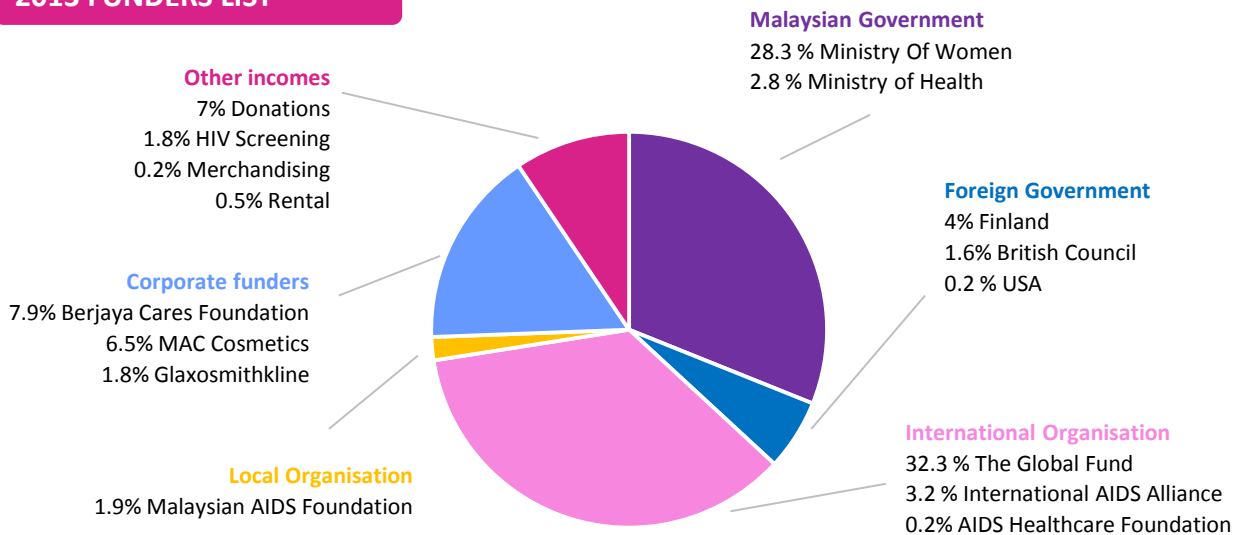
PT FOUNDATION 5-YEAR FINANCIAL SUMMARY (in MYR)



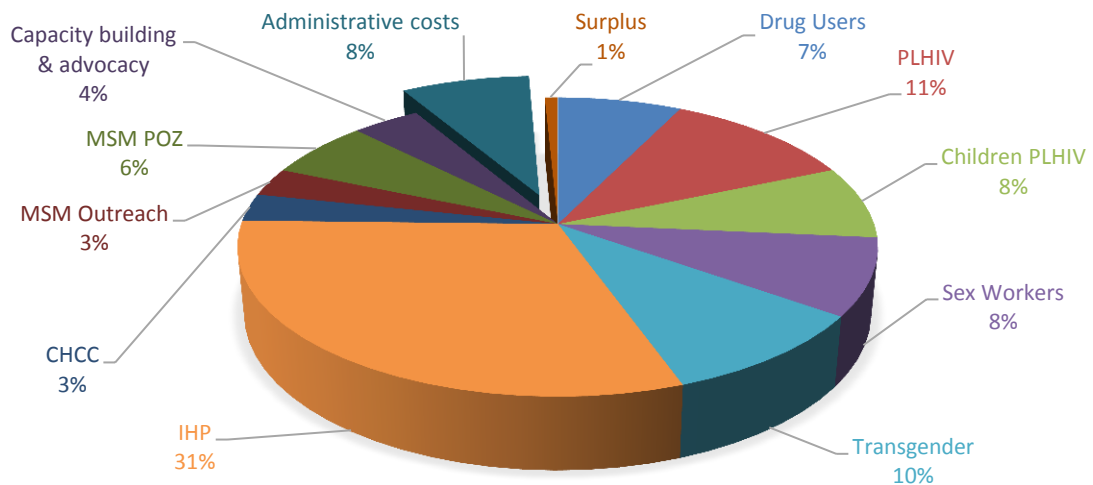
Financial Overview

In 2013 the source of income of the organization as well as the expenditure were the following:

2013 FUNDERS LIST



2013 EXPENDITURE LIST



Donors and Partners

PT Foundation would like to thank all donors and the following corporations, organizations, schools, institutions and other partners for their generous support to our work in 2013.

Donors included:



*The Government of Malaysia (Ministry of Women,
Family & Community Development, Ministry of Health)*



Malaysian AIDS Foundation



British Council



Government of Finland



Government of USA



AIDS Healthcare Foundation



The Global Fund



International AIDS Alliance



Berjaya Care Foundation



Community Action on Harm Reduction



MAC Cosmetics

In addition to that, PT Foundation could rely on the valuable support of the following organizations in 2013

*AIESEC in Malaysia
 America Foundation of AIDS research (amfAR)
 AsiaWorks Training
 Body Shop Malaysia
 Center of Excellence for Research in AIDS (CERIA)
 CIMB Foundation
 Durex Malaysia (Reckitt Benckiser)
 Enersol Sdn Bhd
 Estee Lauder Malaysia Sdn Bhd
 HELP University*

*Hospital Sungai Buloh
 Hospital Kuala Lumpur
 Embassy of Japan
 Malaysian AIDS Council
 Perspective Strategies Sdn Bhd
 Taylor's University
 Tides Foundation
 Undershop Malaysia
 Watson's personal Care Stores Sdn Bhd
 ViiV Healthcare
 Yale AIDS program.*

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Monitoring & Evaluation Officer
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Mitch
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Manis
Jessy
Suineh
Mak Wan
Nisha
Shaz
Maya
Sarah
Fazilah
Erin
Jessie
Rina
Jamaliah
Isabella
Badrol
Anis

Senior Programme Manager
SW Programme Manager
SW Drop In Centre Coordinator
SW Case Worker
SW Case Worker
SW Outreach Worker
TG Programme Manager
TG Drop In Centre Coordinator
TG Case Worker
TG Case Worker
TG Outreach Worker
TG Outreach Worker
TG Outreach Worker
PL Programme Manager
PL Outreach Worker
PL Case Worker
PL Case Worker
PL Assistant Coordinator

Children's Programme

Nur Marsitah Abdullah
Nur Farhana Binti Mohammad Hasim Shah

Rista
Hana

PL Outreach Worker
PL Drop In Centre Coordinator

People using Drugs (CAHR Programme)

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Mohd Faizal Bin Ibrahim

Mohd Azaha
Faizal

Outreach Worker
Outreach Worker

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Alif
Along
Mohd Nazmi

MSM Poz Manager
MSM Poz Facilitator
MSM Poz Facilitator

MSM outreach

Supreet Kaur Maniktala

Supreet

MSM Outreach Coordinator

PT Foundation would also like to thank the 100s of volunteers and interns that worked hard throughout 2013 in order to help us achieve our results.

Special thanks also to Elsa Berseth and Paul Heeley for their assistance in putting this report together.

***Note:** Persons featured in the photos include staff, volunteers, facilitators, guests and friends of PT Foundation. Their feature in these photos should not be construed that these persons are people living with HIV, or are affected by HIV; neither does it suggest that they come from any of the key affected populations.*

PT FOUNDATION

Annual Report 2013

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